

Physical Activity Specialist - Cambridgeshire

Full Time Role (40 hours per week). Competitive Salary

Exciting opportunity available for experienced, enthusiastic, dynamic and motivated Physical Activity Specialist with a passion and specialist interest in weight management. These roles will contribute to the development, provision and coordination of a Lifestyle Service delivered across Cambridgeshire. This community-based, multi component service brings together a range of different programmes under one Countywide Lifestyle Service, centred on supporting residents to lead healthier lives. The Lifestyle Service offers a personalised care package for adults and children, including families, with a focus on those overweight or obese, providing psychological support, increasing physical activity and advice on maintaining a balanced and healthy diet.

Playing a pivotal role within the service, you will be responsible for providing high quality, physical activity advice and support, including individualised exercise prescription, working within a multi-disciplinary specialist weight management team. Providing expert physical activity advice, underpinned by a sound knowledge of theoretical principles of behaviour change, you will support children, young people and adults, across Cambridgeshire, to make informed decisions in relation to their weight, contributing towards a healthier lifestyle.

We would like to hear from you if you are experienced in:

- ♥ Providing high quality physical activity delivery within a community-based, weight management service.
- ♥ Delivering one to one and group interventions, for adults and / or children who are overweight or obese, with potential co-morbidities / complex needs.
- ♥ Providing exercise interventions across a range of weight management service tiers, and health and community settings with a minimum of two years' practise.
- ♥ Working as part of a multidisciplinary team.
- ♥ And have current REPs registration Level 3 for GP Exercise referral

Interested?

For more information, please click: www.everyonehealth.co.uk/about-us/employment-opportunities ,to download the Job Description / Person Specification.

To apply: Send a current CV and supporting letter to BrigitteMcCormack@everyonehealth.co.uk and AlexBrown@everyonehealth.co.uk

Closing date is: 26th September 2019, 5pm

Please note: Interviews will be 3rd October

All offers are subject to satisfactory enhanced Disclosure and Barring Service Check and references.

Everyone Health is an equal opportunities employer and an Investors in People organisation, who is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults. All applicants will be required to undertake checks and references prior to appointment.

