

Health Trainers – Everyone Health Southend-on-Sea

Full / Part Time / Casual roles. Competitive Salary

An exciting opportunity is available for enthusiastic, dynamic and motivated Health Trainers to support the Everyone Health Lifestyle Service in Southend-on-Sea. Based in local communities, these roles form an integral part of the service, reaching into communities and supporting individuals to make and sustain behaviour changes to improve health and wellbeing.

Health Trainers provide support and practical information to individuals to assist them in making healthier lifestyle choices. Working in communities, you will be delivering NHS Health checks, promoting healthy lifestyles, encouraging healthier eating and increasing levels of physical activity using a range of approaches and methods. This role will promote access into the service, identifying, supporting and empowering behaviour change for Southend-on-Sea residents. Ideally, you'll have experience or qualifications in healthy lifestyles, but most importantly, you'll be a natural and passionate motivator with excellent communication skills to engage with individuals on both a one to one and group basis, naturally building relationships within the local communities.

We would like to hear from you if you:

- ✓ Have strong interpersonal and communication skills
- ✓ Possess a minimum of 1 year experience working in a community based health improvement service.
- ✓ Are experienced in using behaviour change models within a work context.
- ✓ Are flexible with good time management and planning skills
- ✓ Are interested in motivating and supporting both individuals and groups in community based settings.
- ✓ Can raise public awareness and provision of consistent healthy lifestyle messaging, on issues relevant to the health of the community and in a multi-cultural setting.
- ✓ Have experience in building strong links and relationships with a diverse range of groups, Organisations and agencies

For more information, please click: www.everyonehealth.co.uk/about-us/employment-opportunities, to download the Job Description / Person Specification.

To apply: Send a current CV and supporting letter to lizgilbert@everyonehealth.co.uk

Closing date is: 18th September 2019 at 5pm.

Please note: Interviews will be held the following week.

Any offers are subject to enhanced DBS checks and satisfactory references

Everyone Health is an equal opportunities employer and an Investors in People organisation, who is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults. All applicants will be required to undertake checks and references prior to appointment.

