

## Physical Activity Specialist – Hackney – (Children’s Weight)

**Full time role (40 hours per week). Salary range £21,000 - £25,000 per annum.**

An exciting opportunity is available for an experienced, enthusiastic, dynamic and motivated Physical Activity Specialist with a passion and keen interest in weight management. This role will contribute to the development, provision and coordination of the Child Weight Management Service in Hackney. This community-based, multi component service offers a personalised care package for children from 5 – 19 years of age, and additionally to the age of 25 with SEND, with a focus on those overweight or obese, and those who are at high risk of obesity. This service is delivered by an expert multi-disciplinary team, providing advice on healthy eating and physical activity.

Playing a pivotal role within this service, you will be responsible for providing high quality, physical activity advice and support, including NICE Compliant Children’s Weight Management group delivery working within a multi-disciplinary specialist weight management team. You will provide expert physical activity advice, underpinned by a sound knowledge of theoretical principles of behaviour change, to support children and their families, in the London Borough of Hackney to make informed decisions in relation to their weight.

**We would like to hear from you if you are experienced in:**

- ♥ Providing high quality physical activity advice and exercise prescription within a community-based, weight management service.
- ♥ Delivering one to one and group interventions for children who are overweight or obese, with potential co-morbidities / complex needs.
- ♥ Working as part of a multidisciplinary team.
- ♥ And have a Level 2 Children’s Exercise Certificate
- ♥ And have current REPs recognised Level 3 Registration for Exercise referral

### To Apply?

For more information about this role please visit <http://www.everyonehealth.co.uk/about-us/employment-opportunities/> to download the Job Description / Person Specification and send a current CV with supporting letter to [KatrinaPert@everyonehealth.co.uk](mailto:KatrinaPert@everyonehealth.co.uk) and [AlexBrown@everyonehealth.co.uk](mailto:AlexBrown@everyonehealth.co.uk)

**Closing date:** 04<sup>th</sup> March 2019

**Interviews will be held:** Week commencing 11<sup>th</sup> March 2018

Offers are subject to Satisfactory Disclosure and Barring Service Checks and references.

Everyone Health is an equal opportunities employer and an Investors in People organisation, who is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults. All applicants will be required to undertake checks and references prior to appointment.

